

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ



# RISK!!



Nuclear



Biological



Chemical



TECHNICAL  
COMPLEXITY

*Chemical: low complexity, high probability*

# Chemical agent Overview

# Types of Chem-Agents

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*Some chem-agents are persistent,  
many are not persistent*

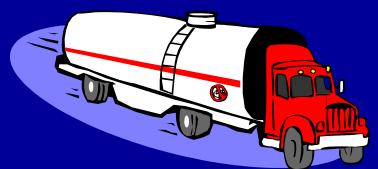
## Persistent chemicals

- Remain on surfaces without evaporating or breaking down for more than 24 hours
- can remain for days to weeks

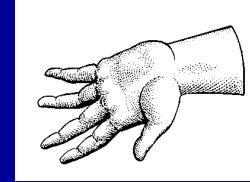


## Non-persistent chemicals

- Quickly evaporate and break down
- carried in bulk on commercial carriers



# Chemical Agent Detection

- Some can be seen 
- Some can be smelled 
- Some can be tasted 
- Most can be felt (e.g. burning sensation, choking) 
- *All can be detected by appropriate instruments* 

# Chemical Agent Effects and Treatment

*Chemical agents may be solid, liquid, or gas.*

## HEALTH EFFECTS

- Disorientation
- Dizziness
- Nausea
- Blindness
- Serious Injury
- Immobilization
- Death

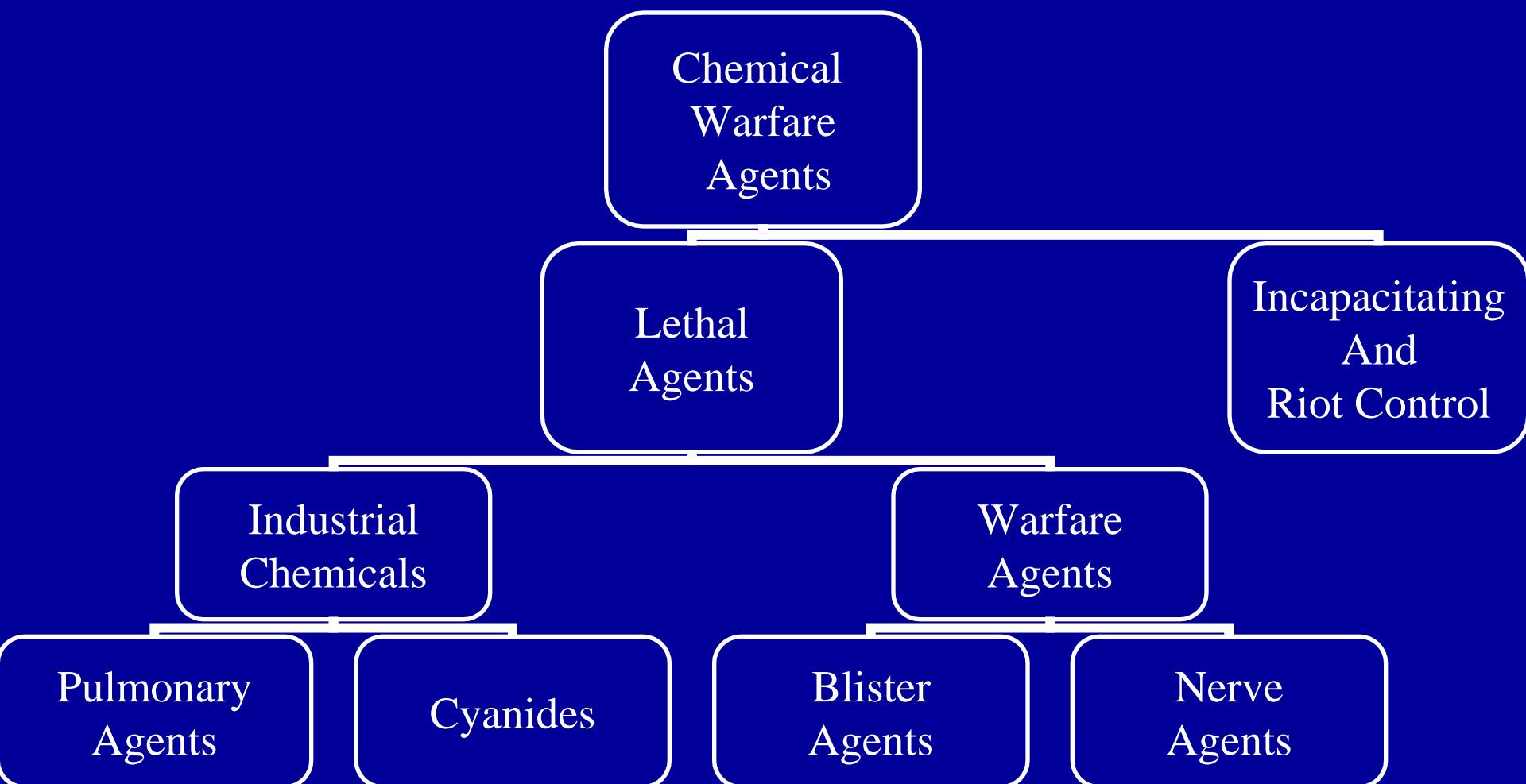
## MITIGATION

1. Minimize exposure:  
**Avoid chemical cloud**  
**Cover face to filter breathing**
2. Get medical attention:  
**Skin decontamination**  
**Antidote**



*Some have no antidote!*

# Classes of Chemical Agents



# Chemical Agents: Summary

Agent - Prototype	Effects	Onset	Treatment
<b>Cyanide</b> - H <sub>2</sub> cyanide	Loss of consciousness, convulsions, apnea	Seconds to minutes	Sodium nitrite or amyl nitrite, sodium thiosulfate
<b>Nerve agents</b> - Sarin	Miosis, rhinorrhea, N/V, convulsions, apnea	Minutes	Atropine, pralidoxime, valium
<b>Pulmonary agents</b> - Phosgene	Eye/airway irritation, dyspnea, delayed pulmonary edema	Hours	Fresh air, supportive care, enforced rest
<b>Vesicants</b> - Sulfur mustard	Asymptomatic period, erythema, blisters, eye irritation, cough	Hours to days	Decontamination, supportive care

# Chemical Warfare: Iran-Iraq War



Iran-Iraq War: 1980-88

- Iraq: Chemical weapons
  - Widespread use
- Blistering agent: Lewisite
- Nerve agent: Tabun
  - Heavy Iranian casualties, deaths

# Chemical Terrorism: Iraqi Kurds

- 1988: Iraq bombed their Kurds with mustard, nerve and cyanide gas
- Over 5,000 died  
75% women and children



# 1 - Pulmonary Agents

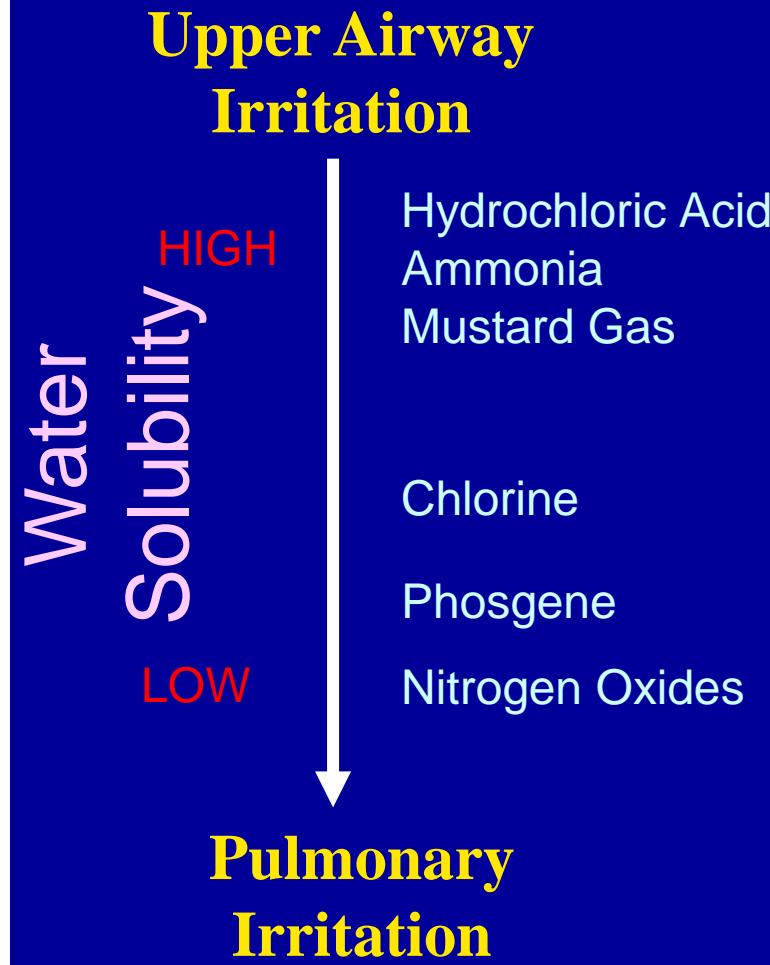
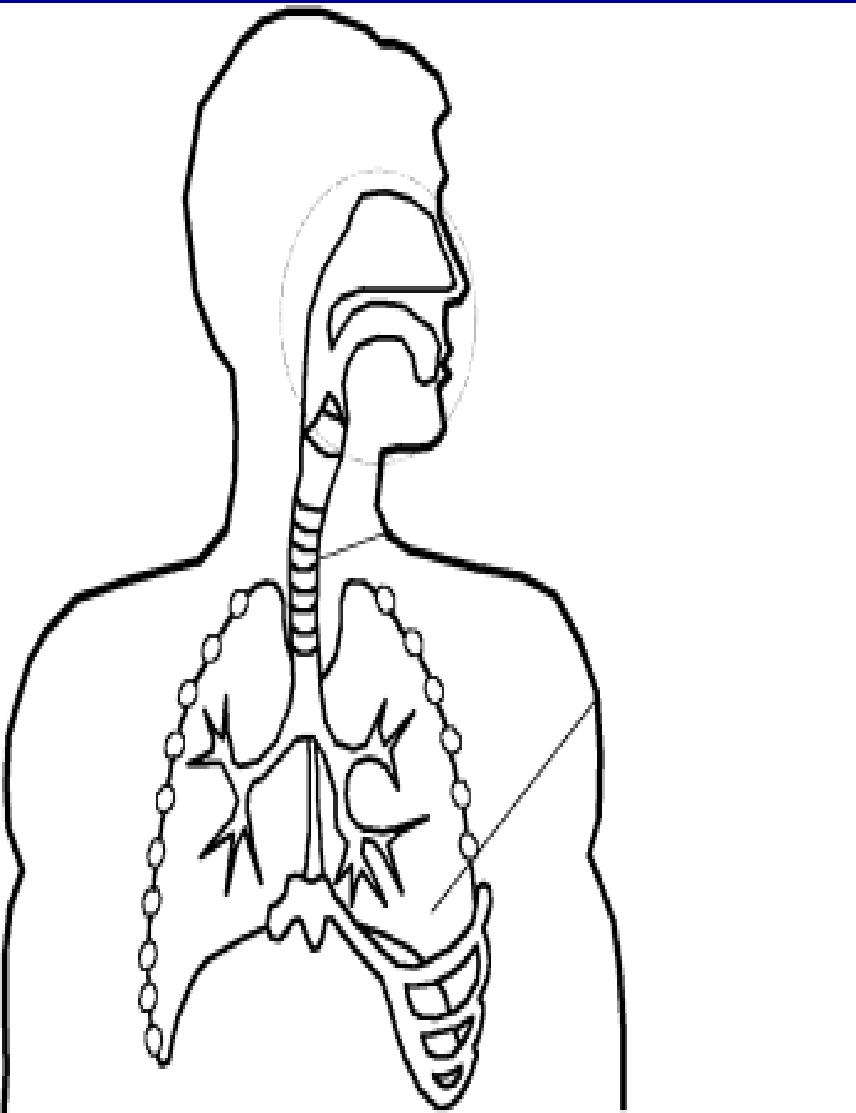
# Choking or Lung Agents

- Phosgene (CG)
- Chlorine (CL)
- Ammonia
- Chloropicrine
- Chlorotrifluoride

# فیژن

- یا کربنیل کلراید
- یک گاز بیرنگ
- با نقطه جوش ۸/۲ درجه سانتیگراد، و نقطه ذوب ۱۱۸ - سانتیگراد
- با بوئی مشابه یونجه تازه چیده شده (علف کپک زده)
- ناپایدار و بسیار فرار است
- از هوا سنگین تر است (تجمع در سطح زمین، زیرزمین و سنگرهای)

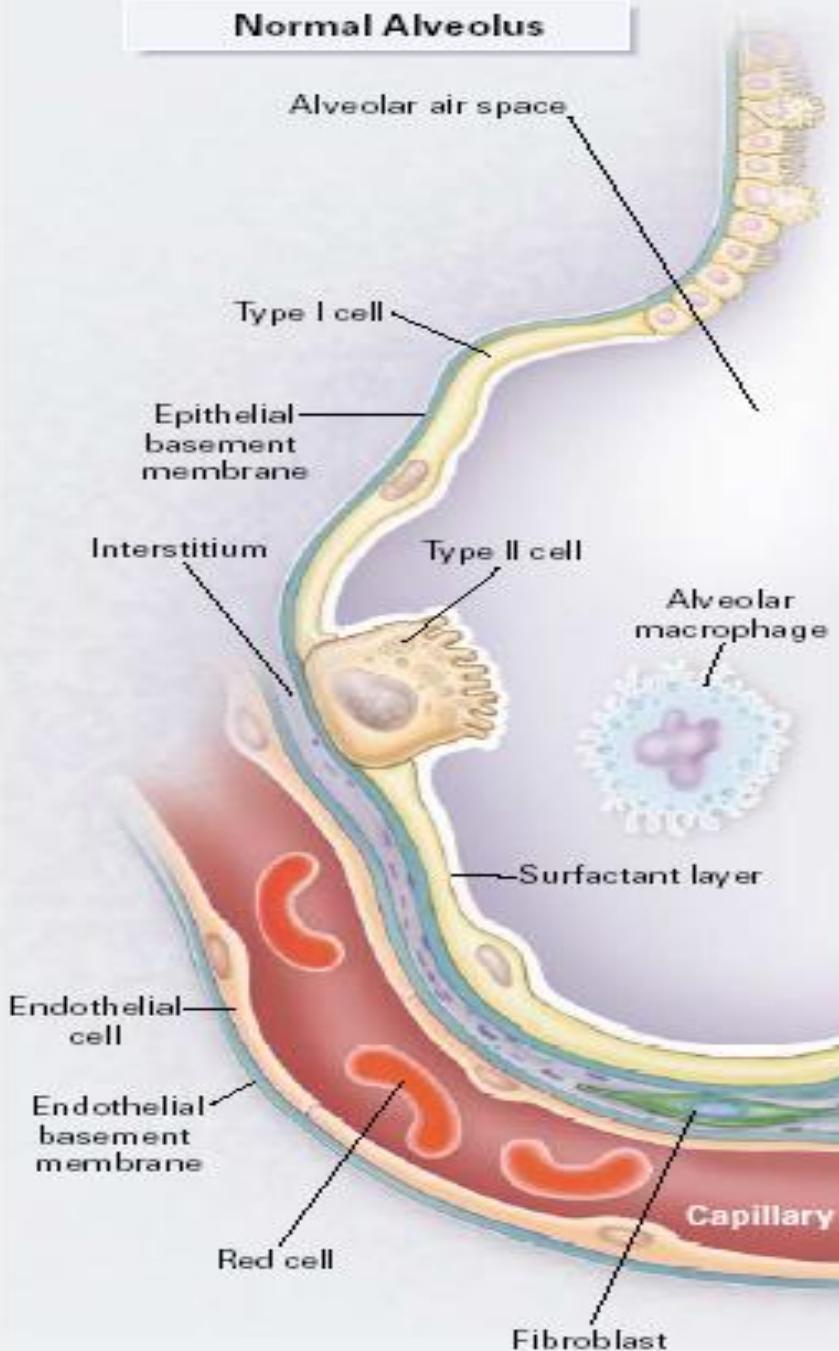
# Pulmonary Agents: Toxicity



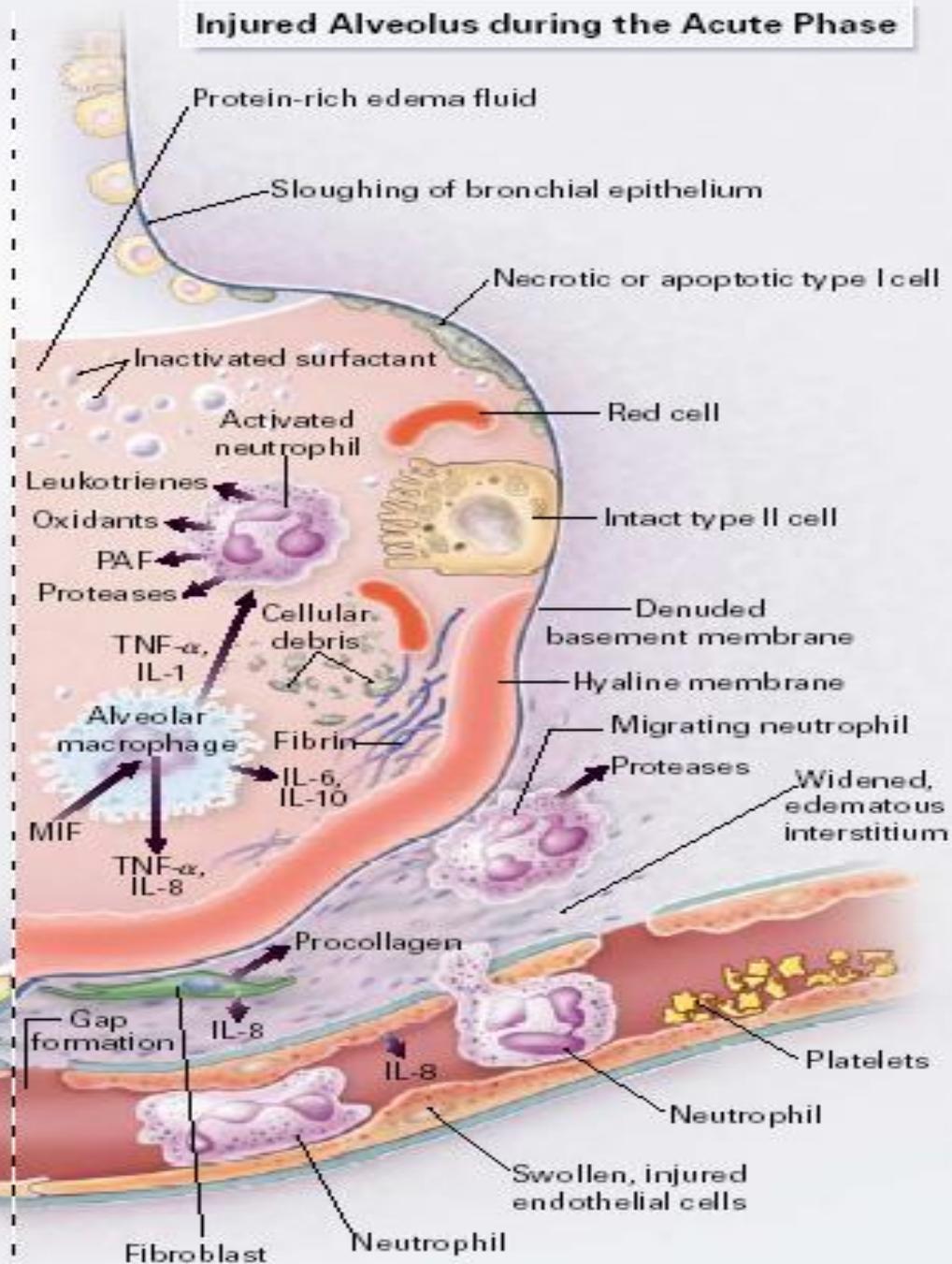
# Pulmonary Agents: Toxicity

- Pulmonary agents
  - Absorbed by inhalation
  - Readily penetrates respiratory system
  - Mucous membrane irritation
    - Immediate eye, nose, airway irritation
- Direct alveolar toxicity:
  - Capillary permeability
  - Leukotriene synthesis
    - Pulmonary edema after latent period 12-48 hours
      - Reaction increased with physical activity, exertion

### Normal Alveolus



### Injured Alveolus during the Acute Phase

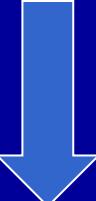


# Latent symptoms:

(latent period 12-48 h)

- Gradually progressive over hours → ARDS
- Rapid, shallow resp.
- Painful cough
- Cyanosis
- Frothy sputum
- Clammy skin
- Rapid, feeble pulse
- Low blood pressure
- Shock may develop
- Death

# Signs

- Coarse crackles in all lung fields
-  Respiratory sounds

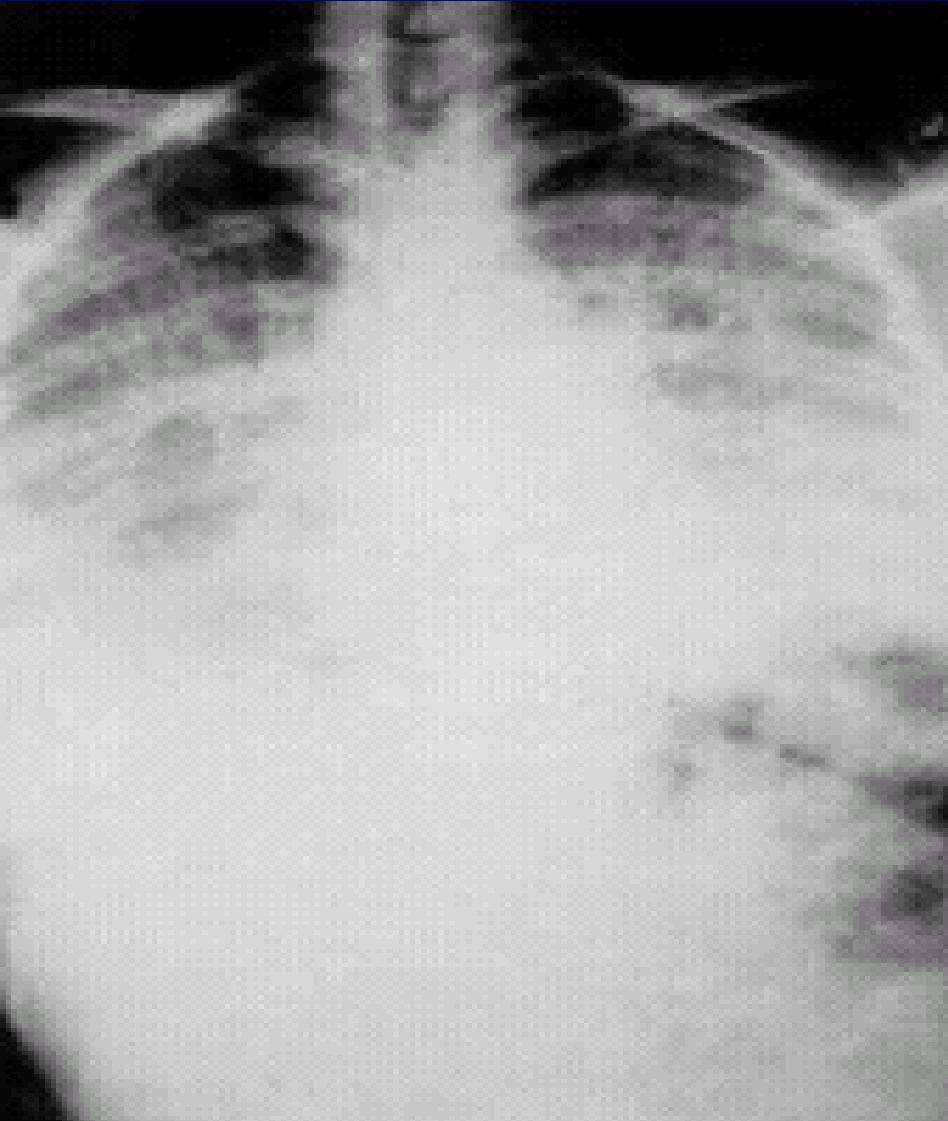
# Extra pulmonary symptoms

- Eye irritation
- Watering of the eyes
- Nose irritation

# Pulmonary Agents: Laboratory:

- Laboratory:
  - ABG:  
Decreased arterial oxygen and CO<sub>2</sub>
    - Can be warning of increased interstitial fluid

# Pulmonary Agents: CXR Findings



CXR:

- Normal for several hours
- Early changes by 8 hours
- Late:
  - Hyperinflation
  - Pulmonary edema
  - No cardiomegaly
  - No vascular redistribution

# ARDS



# Pulmonary Agents: Treatment

- Treatment is supportive:
  1. Remove patient to fresh air
  2. Decontaminate if any liquid exposure
  3. Enforced rest
    - Activity increases capillary reaction
    - Monitor for 12-48 hours

# Treatment

4. Steroid therapy:

Methylprednisolone for bronchospasm

5. Anti tussive agents:

Codeine sulphate:30-60 mg

6. Oxygen

6. Antibiotic

7. IV fluids for hypotension

8. Hexa-methyline-tetramine(HMT)

9. Aminophylline,Dopamine,

10. Phosgene Antiserum

# 2- Blistering Agents

# Blister Agents

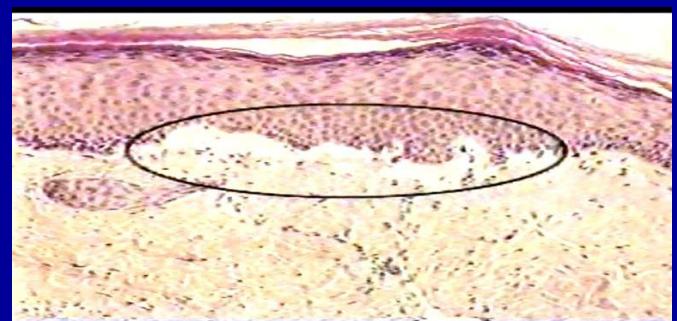
- Mustard (HD) – Has a garlic smell
- Nitrogen Mustard (HN) – fishy odor
- Lewisite (L) – geranium or fruity odor
- Phosgene Oxime (CX) – Disagreeable odor

# Blistering Agents : Overview

- Blistering agents:
  - Sulfur mustard, phosgene oxime, lewisite
    - Nitrogen mustard:
      - Past used for chemotherapy (high toxicity)
      - Smell : mustard, garlic, geraniums
    - Oily liquid, evaporates slowly
      - Persistence hazard
      - Vapor hazard increases with heat
    - Erythema , blisters, bone marrow suppression
      - Injury similar to radiation

# Blistering Agents: Toxicity

- Local damage:
  - Easily enters skin, eyes, respiratory tract
    - Enhanced: moisture, heat, thin skin
  - Protease digestion in skin
    - Erythema, vesicles, bullae
      - Dermal-epidermal junction
      - May be delayed 1-2 days



# Sulfur Mustard: Skin Toxicity



# Sulfur Mustard: Eye Signs



Eyes: most sensitive organ

- Symptoms soon after exposure

Conjunctivitis, photophobia

Corneal epithelium

- Swelling and scarring
- Resolves over weeks
- Scarring increases risk glaucoma

# Sulfur Mustard: Pulmonary Toxicity

Pulmonary damage:

- Necrosis and destruction of lung mucosa
- Pseudomembrane formation
  - Upper and lower airways
- Pulmonary edema can occur
  - Only when damage severe

Respiratory failure

- Most common cause death with sulfur mustard

# عوارض زودرس تنفسی گاز خردل

## ۱- عوارض زودرس:

- تجمع ترشحات در مجاری هوایی
- اختلال تهویه و پرفسیون
- خونریزی مجاری هوایی
- اختلال بیوشیمیایی ریه
- آسیب عروقی ریه
- اختلال در سلولهای دفاعی ریه

# تجمع ترشحات در مجري هواپي

- ايجاد نکروز در لایه سطحي تماس و آسیب اپیتاوم سطحي برونشها
- آسیب به سلولهای مژکدار & خاصیت کولینرژیکی گاز خردل سبب افزایش تولید موسين از GC
- انسداد برونشيوالها و برونشها
- بروز آتلکتازی

# اختلال تهويه و پرفيوزن

- تجمع ترشحات در مجري



- انسداد مجری تنفسی



- بروز سindrم هایپوونتیلاسیون



- بروز خفگی در فاز حاد تماس با گاز

# خونریزی مجاری هوایی

- آسیب شدید ناشی از خاصیت تاولزایی گاز خردل



- التهاب توام با خونریزی



- خفگی مصدوم

# اختلال بیوشیمیایی ریه

## در مایع BAL مدل‌های حیوانی:

- آسیب اپیتلیالی سبب افزایش فعالیت گاما گلوتامیل ترانسفراز (GGT)
- افزایش فعالیت سیتوکسیکی ریه ها سبب:
  - افزایش غلظت پروتئین
  - افزایش فعالیت LDH

# آسیب عروقی ریه

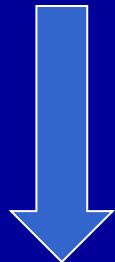
بروز مرگ سلولی (Apoptosis) و نکروز سلولهای آندوتیال  
شريان ريوسي



افزايش فشار شريان ريوسي و فيبروز

# اختلال در سلولهای دفاعی ریه

گاز موستارد با ایجاد تغییرات ژنتیکی در سلولها



بروز اختلال در عملکرد آنها

# عوارض دیررس تنفسی گاز خردل

- برونشیت مزمن
- فیروز ریه
- آسم
- برونشکتازی
- تنگی موضعی در تراشه و برونش های اصلی
- کانسر ریه

# بروئیت مزمن

- شایعترین تابلو بالینی CB
- سرفه ، تنگی نفس ، دفع خلط
- با درجات مختلف (GOLD Class.)

# فیروز ریه

- در صورت تماس طولانی مدت با مقادیر کم گاز خردل
- سالها بعد به صورت تنگی نفس فعالیتی و سرفه های تحریکی
- در PFT با نمای تحدیدی و کاهش DLCO
- در HRCT
- تشخیص قطعی بابیوپسی باز ریه و یا TBLB (...DIP, UIP)

# درمان

• برونکوپلا نورها:

۱- آگونیستهای بنا

۲- متبیل گزانندها

۳- داروهای آنتی کولینرژیک

۴- کرومولین سدیم

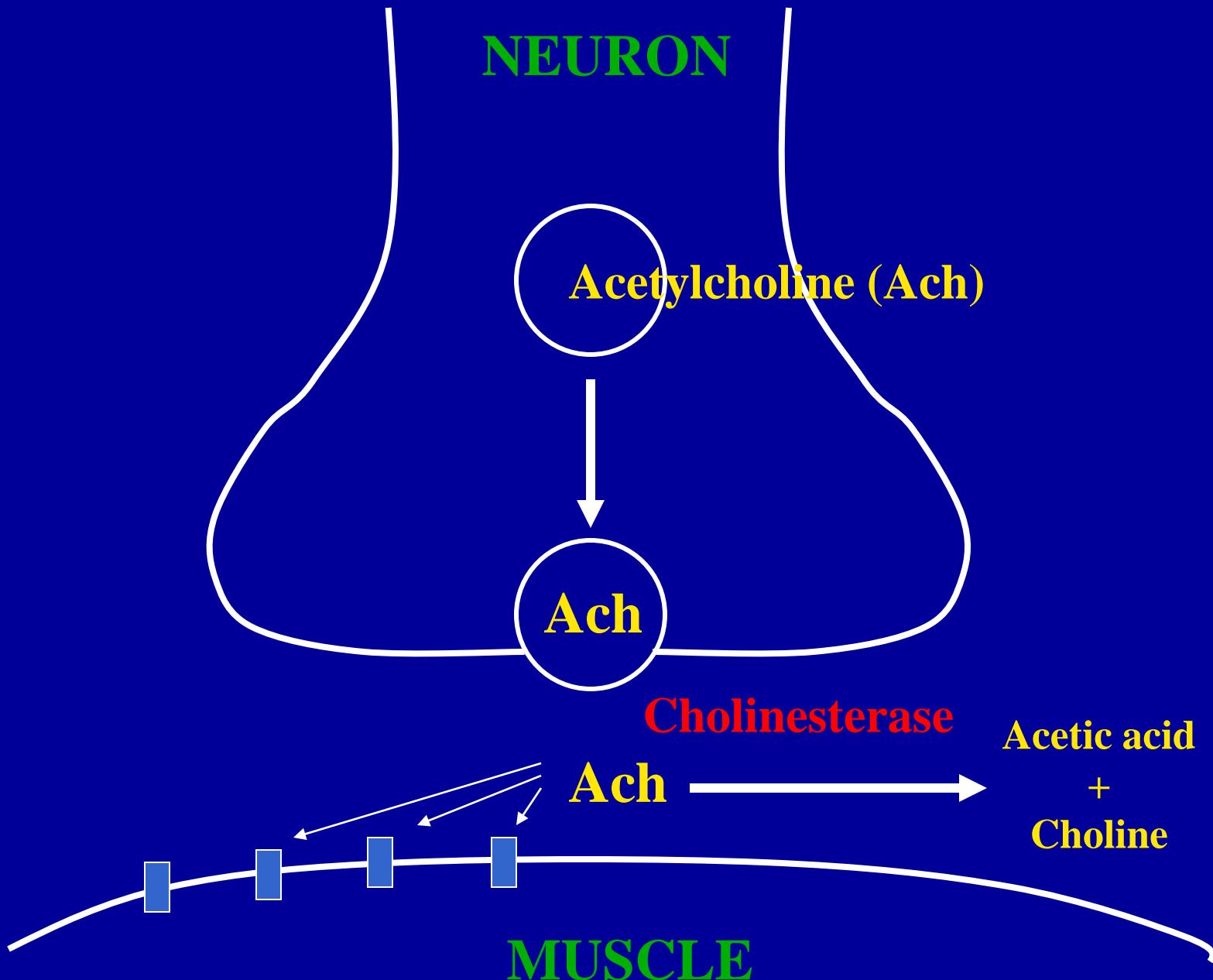
# 3-Nerve Agents

# Nerve Agents

1. Tabun (GA)
2. Sarin (GB)
3. Soman (GD)
4. VX

# آثار اصلی عوامل عصبی در نقاط مختلف بدن

کیرنده	اندام متأثر	علائم و نشانه ها
مرکزی	سیستم اعصاب مرکزی	گیجی، اضطراب، بیقراری، سردرد، رعشه، عدم تمرکز، تشنج، نارسایی تنفسی
موسکارینی	غدد غشاء مخاط بینی غشاء مخاط نایزه ها عرق اشکی بزاقی عضلات صاف	آبریزش بینی ترشح زیاد مخاط نایزه تعريف اشک ریزش ترشح بزاق  تنگی مردمک ضعف تطابق کرامپ شکمی و اسهال برونکو اسپاسم و تنگی نفس تکرر و دفع غیر ارادی ادرار کاهش ضربان
نیکوتینی	عقده های خودکار عضلات اسکلتی	آثار سمپاتیک: رنگ پریدگی، تاکیکاردي، افزایش فشار خون ضعف و انقباض غیر ارادی



# Nerve Agents: Toxicity

- Nerve agents:
  - Absorbed through eyes, skin, respiratory tract
- Mechanism of action:
  - Bind and inhibit acetylcholinesterase
    - Cholinergic overactivity
    - Nicotinic: sweating, fasciculations, paralysis
    - Muscarinic: pupil constriction, secretions, vomiting, diarrhea
    - Central: confusion, convulsions, respiratory depression

# Nerve Agents: Treatment

Atropine:

- Blocks muscarinic receptors
  - Dries secretions, relaxes smooth muscle
- No effect on nicotinic receptors
  - Twitching, paralysis

Pralidoxime:

- Removes agent from esterase
- Only affects nicotinic system
  - Should be given before aging occurs

# Nerve Agents: Treatment

- Nerve agent antidote kit:
  - Atropine, titrate until secretions dried
    - 2 mg IV/IM every 3-5 minutes
  - Pralidoxime chloride (2-PAM)
    - 1-2 gm IV/IM, repeat every hour as needed
  - Diazepam for seizures
    - 5-10 mg IV every 5-10 minutes
- Supportive care
  - Decontamination, if liquid exposure expected
  - Tropicamide eye drops for eye pain, constriction



# 4-Cyanide

# Cyanide: Overview



- Cyanide:
  - High volatility:
    - Needs high concentrations, closed space
    - Smell: bitter almonds (60% can smell)
  - Sudden loss of consciousness, seizures, death
    - Used in Nazi concentration camps
  - Ubiquitous in all living things
    - Pits of peaches, almonds: ingestion has caused death
  - Industrial: US uses > 300,000 tons/year
    - Electroplating, dyeing, printing, photography

# Cyanide: Toxicity

- Cyanide gas inhalation:
  - Rapidly distributed to all organs, tissues
    - Reacts with metals in body: iron
      - Reaction reversible
        - Prevents intracellular O<sub>2</sub> utilization in mitochondria
        - Anaerobic metabolism: results in lactic acidosis
      - Reacts with sulfur-contained compounds
        - Reaction irreversible
          - Sodium thiosulfate
          - Product less toxic, excreted in urine

# Cyanide: Signs and Symptoms

- Signs and symptoms:
  - Central nervous system:
    - Dizziness, headache, nausea, vomiting, seizures
  - Respiratory: shortness of breath, chest tightness
  - Skin and eyes: “Cherry red” venous blood
    - Cyanosis occurs only after cardiovascular collapse
- Laboratory:
  - Lactic acidosis
  - Arterial oxygen normal, venous oxygen high

# Cyanide: Treatment

- Cyanide antidote kit
  - Nitrites:
    - Reaction couples with cyanide: less toxic
      - Amyl nitrite perle in mask while preparing sodium nitrite
      - Sodium nitrite 3%: 10mL over > 5 minutes (hypotension)
  - Thiosulfate
    - Sulfur donor: excreted in urine
      - Sodium thiosulfate 25%: 50 mL over 10-20 minutes
- Supportive care
  - Intubation, 100% oxygen



# Decontamination/Treatment

# Chemical Agents: Decontamination

- Decontamination:
  - Wash with large amount water and soap
    - Especially important for liquid hazards
  - Household bleach: use to clean solid surfaces
    - Diluted in water (1:10)
    - Avoid in human decontamination (toxic)
  - First responders:
    - May need to use personal protective equipment
    - Remove patient to fresh air, remove clothing

# Chemical Agents: Personal Protective Equipment



## Personal Protective Equipment

- Full face piece
- Breathing apparatus
- Gloves, boots
  - Butyl rubber
- PPE suit

# Chemical and Radiological Agents: Summary

1. Effects from chemical agents occur rapidly
  - Early decontamination is important
2. Clothing removal is 80-90% of decon
  - May be all that is needed in a gas/vapor event
3. Appropriate use of PPE
  - Important for chemicals, especially liquids
4. Antidotes are available for some agents
  - Give early to be effective

# Chemical and Radiological Agents: Summary

5. Dirty bomb: more likely than nuclear blast
  - Unlikely to cause much radiation
  - Risk mostly fear and panic
6. With standard precautions
  - Risk from radiation-contaminated patients to healthcare workers is minimal
7. Care of burn/blast injuries
  - Takes precedent over radiation decon